“So on the criterion of *buddhi-yoga,* on the criterion of devotional service to the Lord, you have to do everything. That is the, I mean to say, technique. That is the technique. *Dūreṇa hy avaraṁ karma buddhi-yogāt. Buddhi-yogāt.* You have to use your intelligence, "Whether I am doing this on the platform of pure consciousness or on the platform of this body?"

Now, in the beginning you require a guide. Without guide, it is not possible. Anything which you want to learn in the beginning, any art or science, you require a guide. Without guide... Just like a small child, when he begins to walk, he requires the help of his elder brother or sister or father or mother to catch, and one step, one step, one step, one step... But when he begins to walk independently, then he doesn't require any help. Similarly, to learn this art, "Whether I am acting on the spiritual platform or on the material platform?" you require a spiritual master, guide. And this is called *dvija,* or the second birth. When you catch hold of the bona fide spiritual master just to guide you to act on the spiritual platform, then your second life begins. It is called *dvija.*

So this life is so important that one must begin it. One must begin it. There is no alternative. If a man is intelligent enough, if at all he wants to make his life successful, this must he do. That is the injunction of the *Vedas.* The *Vedas* says, *tad-vijñānārthaṁ sa gurum eva abhigacchet* [*Muṇḍaka Upaniṣad* 1.2.12].

[To understand these things properly, one must humbly approach, with firewood in hand, a spiritual master who is learned in the *Vedas* and firmly devoted to the Absolute Truth.]

This *abhigacchet* is the form of verb which is imperative: "You must." *Abhigacchet.* This, this form of verb is used when the sense is "you must." So the Vedic *Upaniṣad* directs that *tad-vijñānārtham:* "In order to be situated, or in order to learn how to act on the spiritual platform, you must seek out a bona fide spiritual master who can guide you."

So Kṛṣṇa..., Arjuna has selected Kṛṣṇa as the spiritual master. We have already explained that Kṛṣṇa..., Arjuna surrendered unto Arjuna [Kṛṣṇa]. And Nārada says that "Even after," I mean to say, "neglecting..." *Tyaktvā sva-dharmaṁ caraṇāmbujaṁ hareḥ* [*SB* 1.5.17].

[One who has forsaken his material occupations to engage in the devotional service of the Lord may sometimes fall down while in an immature stage, yet there is no danger of his being unsuccessful. On the other hand, a nondevotee, though fully engaged in occupational duties, does not gain anything.]” --- https://prabhupadavani.org/transcriptions/bhagavad-gītā-24951/